



Why Is Sheltering at Home an Essential Option?

In the event of a major disaster such as an earthquake directly beneath Tokyo, evacuation shelters may become extremely crowded if even people who can safely remain at home go there.
Evacuation means “avoiding danger”; it does not necessarily mean going to an evacuation shelter.
If your home is not at risk of collapse, fire, or other hazards and you can continue living there safely, sheltering at home is the recommended option.

When an earthquake, storm, or flood occurs… Evacuate/Shelter in a way that suits the situation!

Evacuating to Another Location

If an evacuation instruction is issued or you feel unsafe staying at home, evacuate to a location away from your home.



Evacuating to a Designated Shelter

This means living at a shelter designated by the City when your home has been damaged and is no longer habitable.



Evacuating Outside the Disaster Area

This means evacuating to the home of a relative or friend whose safety has been confirmed. Staying at a hotel in a safe area is also an option.

Sheltering at Home

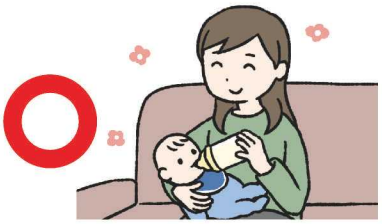
This means remaining at home and live there as a shelter when it is safe and habitable.



Sheltering at Home

Benefits of Sheltering at Home

By sheltering at home, you can live in a way that is closer to your normal life in the familiar surroundings of your home.

Evacuating to a Designated Shelter		Sheltering at Home
 Difficult to maintain privacy	**Privacy**	 Privacy can be maintained
 Health problems caused by a change in environment	**Environment**	 Stay in familiar surroundings
 Higher risk	**Risk of Infection**	 Lower risk
 Difficult to address in a communal setting	**Individual Needs**	 Easier to address at home

How Can You Shelter at Home?

Sheltering at home is possible only when your home is safe and remains habitable. To ensure this, “preparing” in advance is the most important requirement. Then, build up your supplies in stages: items to “protect” your home and yourself when disaster strikes, and items to “get through” several days afterward.

Start here

① **Prepare** » ② **Protect** » ③ **Get Through**

Examples: Make your home safer and prevent fires

Examples: Protect yourself and extinguish fires

Examples: Prepare water and food, and emergency toilet supplies

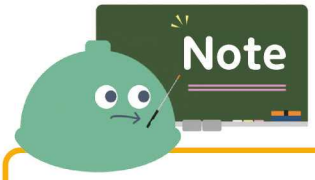
What Hazards Are Present in Your Area?

Disaster Risks by Area

First, let's check what types of disasters you need to be alert for in your area!

Comprehensive Risk Map

Comprehensive risk is calculated based on the building collapse risk, fire risk, and the disaster response difficulty factor.



Roads such as Meguro-dori Avenue (Tokyo Metropolitan Road 312) and National Route 246 may be closed to ordinary vehicles during a disaster to give priority to emergency vehicles.



Building Collapse Risk

The degree of risk that buildings will be damaged or collapse due to earthquake shaking



Fire Risk

The degree of risk of damage due to the spread of fires caused by earthquake shaking



Disaster Response Difficulty Factor

The difficulty of rescue operations due to reasons such as narrow roads or a lack of open spaces like parks

Comprehensive Risk Ranks



Source: Meguro City Area Risk Map

See details for each area →

Northern Area ➡P.7

Eastern Area ➡P.8

Central Area ➡P.9

Southern Area ➡P.10

Western Area ➡P.11

Northern Area

Characteristics of the Northern Area

The Northern Area is home to a diverse population, featuring large buildings such as universities mainly in the north, commercial facilities along the Meguro River, and apartment buildings in the south. Earthquake preparedness is important in residential neighborhoods, while storm and flood preparedness is essential along the Meguro River.

●Komaba ●Aobadai ●Higashiyama ●Ohashi ●Kamimeguro 1-chome, Nos. 1 and 6-22 ●Kamimeguro 2-chome, Nos. 46-49 ●Kamimeguro 3-chome, Nos. 1-3 and 6-44 ●Kamimeguro 5-chome

Since the risk of fire outbreaks and spread is low along major roads, it is important to prepare on the assumption that you will shelter at home.



Narrow roads and limited open space may slow rescue operations.



Comprehensive Risk Ranks

Lower risk	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Higher risk

Source: Meguro City Area Risk Map

Eastern Area

Characteristics of the Eastern Area

The Meguro River flows through the length of the Eastern Area, which is home to major stations, tourist attractions, and shopping destinations. In addition to storm and flood risks, residents should be mindful of the distinctive movement of high-rise apartment buildings and toilet use after an earthquake.

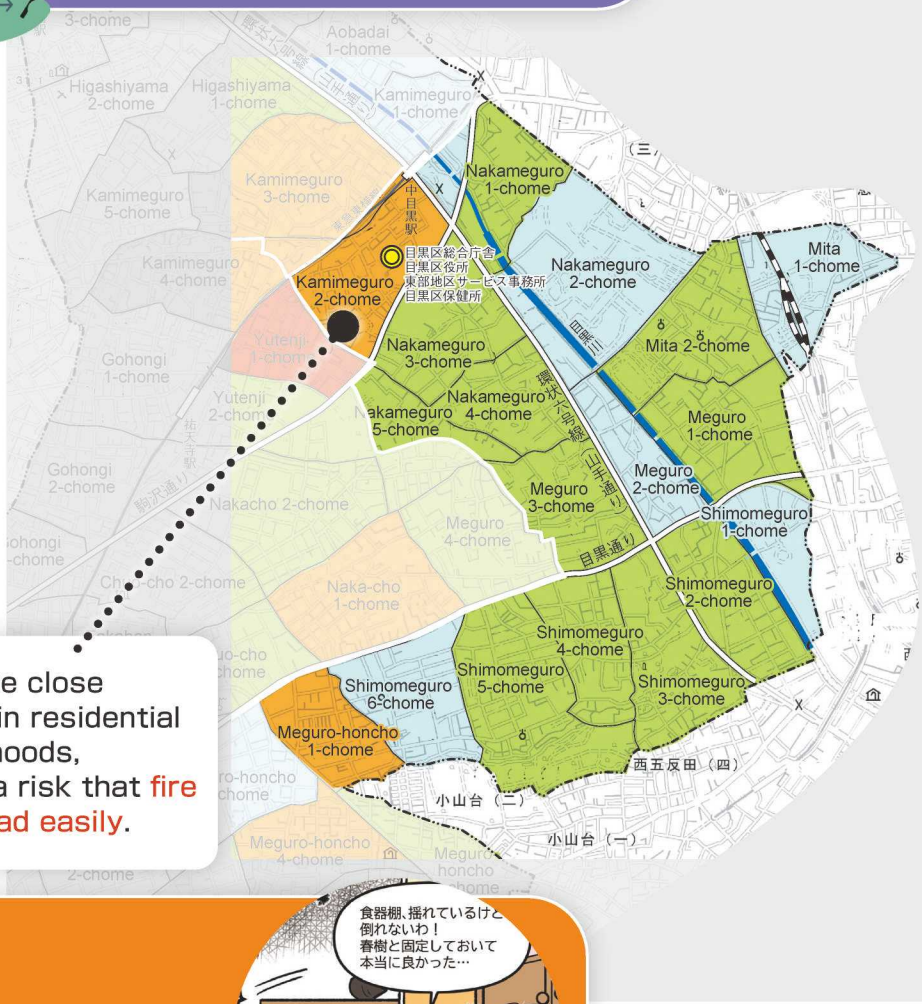
●Kamimeguro 1-chome, Nos. 2–5 and 23–26 ●Kamimeguro 2-chome, Nos. 1–45 ●Kamimeguro 3-chome, Nos. 4–5 ●Nakameguro 1-chome to 4-chome ●Nakameguro 5-chome, Nos. 1–7 and 22–23 ●Mita ●Meguro 1-chome to 3-chome ●Shimomeguro ●Megurohoncho 1-chome



"Getting Through a Period of Sheltering at Home"

➡P.38

In high-rise apartment buildings, people may become trapped in elevators and toilet drainpipes may be damaged. Preparations specific to apartment living are important.



Homes are close together in residential neighborhoods, creating a risk that fire may spread easily.



"Protecting Your Home and Yourself"

➡P.32

Comprehensive Risk Ranks

Lower risk	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Higher risk

Source: Meguro City Area Risk Map

Central Area

Characteristics of the Central Area

The Central Area is largely residential. Since buildings are close together, fires can spread easily to neighboring properties. Although there are no major rivers in the area, heavy rain can flow into low-lying locations and cause storm or flood damage. Residents in this area need to be alert to a wide range of disasters.

●Kamimeguro 4-chome ●Nakameguro 5-chome, Nos. 8-21 and 24-28 ●Meguro 4-chome ●Nakacho ●Gohongi ●Yutenji ●Chuocho ●Himonya 5-chome and 6-chome ●Takaban

Homes are close together in residential neighborhoods, creating a risk that fire may spread easily.

In areas with many narrow streets, fire trucks may have difficulty accessing the scene in the event of a fire. Initial firefighting is crucial.



In the largely residential Central Area, detached houses and apartment buildings coexist. Adjust the items you prepare to suit your type of home.



Comprehensive Risk Ranks



Source: Meguro City Area Risk Map

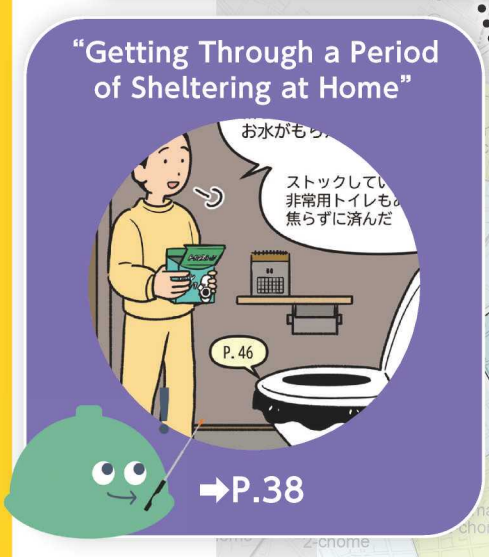
Southern Area

Characteristics of the Southern Area

The Southern Area has a high proportion of residential properties, including neighborhoods with concentrations of wooden homes, resulting in a high risk of building collapse. It also has the highest building density of the five areas, so particular attention must be paid to the spread of fire.

●Megurohoncho 2-chome to 6-chome ●Haramachi ●Senzoku ●Minami 1-chome and 2-chome ●Himonya 1-chome to 4-chome

Since the risk of fire outbreaks and spread is low along major roads, it is important to prepare on the assumption that you will shelter at home.


"Getting Through a Period of Sheltering at Home"

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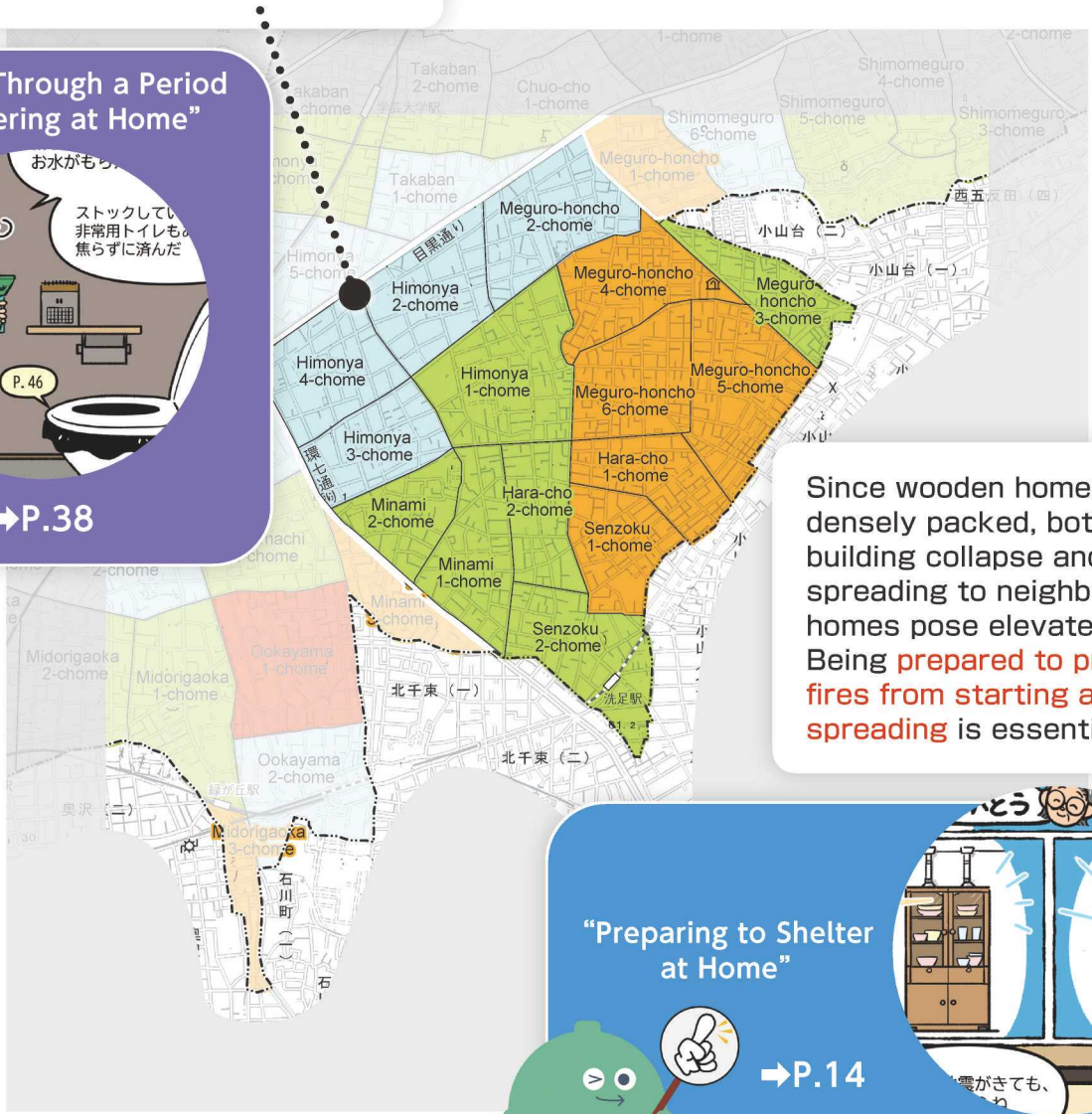


Since wooden homes are densely packed, both building collapse and fire spreading to neighboring homes pose elevated risks. Being prepared to prevent fires from starting and spreading is essential.


"Preparing to Shelter at Home"

➡P.14

Comprehensive Risk Ranks

Lower risk ←	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	→ Higher risk

Source: Meguro City Area Risk Map

Western Area

Characteristics of the Western Area

The Western Area has residential neighborhoods in the north and commercial facilities in the south. Although its comprehensive risk from earthquakes is relatively low, heavy rain flowing into low-lying areas could cause widespread damage.

●Minami 3-chome ●Tairamachi ●Ookayama ●Midorigaoka
●Jiyugaoka ●Nakane ●Kakinokizaka ●Yakumo ●Higashigaoka

Due to the many residential neighborhoods and abundant natural surroundings, fires may spread easily and rescue operations may take time.

"Protecting Your Home and Yourself"



➡P.32

There are many apartment buildings near Meguro-dori Avenue, where people may become trapped in elevators and toilet drainpipes may be damaged. Preparations specific to sheltering at home are important.

"Getting Through a Period of Sheltering at Home"



➡P.38

Comprehensive Risk Ranks

Lower risk	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Higher risk

Source: Meguro City Area Risk Map

Flood Hazard Map

Flood

During heavy rain, areas around the Meguro River are at risk of flooding if the river overflows. Even areas far from the river may be at risk of inland flooding where the ground is lower than the surrounding area. Be sure to check the Flood Hazard Map.

Colored areas have a high risk of flooding and require caution.

Even pale-yellow areas may be flooded up to an adult's knees. Decide in advance how you will evacuate.





Be aware of potential flooding along the Meguro River

Be alert for inland flooding caused by rising water in culverted rivers such as the Tachiai River and Jakuzure River.

Storm and flood damage caused by rising water in the Nomigawa River is expected to spread throughout the area.

Source: Meguro City Flood Hazard Map

⚠ Even in areas not marked in color, flooding may occur due to the characteristics of buildings or heavy localized rainfall.

The Flood Hazard Map is available on the Meguro City website.

Also see Meguro Disaster Preparedness, p.31.

Gathering Information During a Disaster

Meguro City provides tools to help you gather information in an emergency.
It is important to prepare the tools that are easiest for you to use.

Registration required Services marked with this symbol require advance registration.

Registration required

Meguro City Disaster Preparedness Map app

Meguro City website

https://www.city.meguro.tokyo.jp

Emergency information is also available on the City website.

Registration required

Meguro City official LINE account

Meguro City official X (formerly Twitter) account

Registration required

Meguro City Disaster and Weather Information Email

Disaster Prevention Administrative Radio

Disaster Emergency Message Dial (171)

Registration required

Emergency information delivery service by telephone and fax

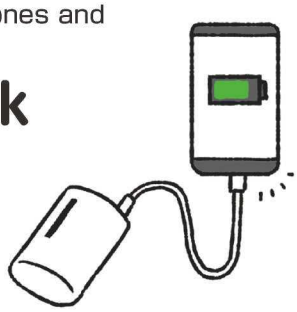
For details, contact the Meguro City Disaster Prevention Division at 03-5723-8488.

Recommended Products for Gathering Information

For charging mobile phones and smartphones:

Power bank

See pp.54-55!!



For listening to information together:

Radio



See pp.56-57!!